



44. Brockenlauf
Ilseburg / 06.09.2014

Detailed evaluation

Karsten, Kerstin

Club: Bad Lauterberg
Number: 998

Course: 9.60 km
9,6 km - Wanderung

Category:
Frauen

Total time: 1:25:17

Speed: 6.75 km/h
Running performance: 8:53 min/km

Rank in course/Total: 6 (of 18)
Rank in course/Women: 3 (of 11)
Best time in course: 1:10:22

Rank in category: 3(of 11)
Best time in the category: 1:10:22

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Ilsestein	4.10	37:47	9:12	3	1:06	3	1:06	4.10	37:47	9:12	3	1:06	3	1:06
Loddenke	2.20	15:50	7:11	3	3:01	3	3:01	6.30	53:37	8:30	3	4:07	3	4:07
Ilseburg/Markt	3.30	31:40	9:35	11	10:48	11	10:48	9.60	1:25:17	8:53	3	14:55	3	14:55