



44. Brockenlauf  
Ilseburg / 06.09.2014

Detailed evaluation

Kühne, Andrea

Club: könig-fitness Ilseburg  
Number: 570

Course: 9.60 km  
9,6 km - Lauf

Category:  
Seniorinnen W45 (45-49 Jahre)

Total time: 1:00:08

Speed: 8.98 km/h  
Running performance: 6:16 min/km

Rank in course/Total: 141 (of 175)

Rank in course/Women: 36 (of 56)

Best time in course: 40:35

Rank in category: 11(of 16)

Best time in the category: 44:23

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking					
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women
Ilsestein	4.10	30:07	7:20	10	7:56	36	10:14	4.10	30:07	7:20	11	7:56	9
Loddenke	2.20	12:10	5:31	10	3:36	30	4:02	6.30	42:17	6:42	11	11:32	9
Ilseburg/Markt	3.30	17:51	5:24	11	4:13	39	5:17	9.60	1:00:08	6:15	11	15:45	37 19:33