



44. Brockenlauf  
Ilseburg / 06.09.2014

Detailed evaluation

Müller, Michael

Club: HV Ilseburg  
Number: 555

Course: 9.60 km  
9,6 km - Lauf

Category:  
Senioren M40 (40-44 Jahre)

Total time: 1:00:28

Speed: 8.93 km/h  
Running performance: 6:18 min/km

Rank in course/Total: 144 (of 175)

Rank in course/Men: 104 (of 119)

Best time in course: 33:35

Rank in category: 10(of 12)

Best time in the category: 45:46

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Ilsestein	4.10	30:29	7:26	12	7:37	109	13:51	4.10	30:29	7:26	10	7:37	103	2:05
Loddenke	2.20	11:57	5:25	9	2:52	89	5:14	6.30	42:26	6:44	10	10:17	102	2:50
Ilseburg/Markt	3.30	18:02	5:27	9	4:25	101	7:50	9.60	1:00:28	6:17	10	14:42	107	26:53