



44. Brockenlauf
Ilseburg / 06.09.2014

Detailed evaluation

Max, Andrea

Club: Nix tun kann jeder
Number: 617

Course: 9.60 km
9,6 km - Lauf

Category:
Seniorinnen W50 (50-54 Jahre)

Total time: 1:01:17

Speed: 9.40 km/h
Running performance: 6:23 min/km

Rank in course/Total: 146 (of 175)

Rank in course/Women: 38 (of 56)

Best time in course: 40:35

Rank in category: 3(of 7)

Best time in the category: 57:10

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Ilsestein	4.10	31:57	7:47	3	3:04	44	12:04	4.10	31:57	7:47	3	3:04	11	0:49
Loddenke	2.20	11:40	5:18	2	0:05	22	3:32	6.30	43:37	6:55	3	3:09	11	
Ilseburg/Markt	3.30	17:40	5:21	3	0:58	34	5:06	9.60	1:01:17	6:23	3	4:07	39	20:42