



44. Brockenlauf  
Ilseburg / 06.09.2014

Detailed evaluation

**Fest, Tobias**

Club: Schiekepannelf  
Number: 651

Course: 9.60 km  
9,6 km - Lauf

Category:  
Senioren M35 (35-39 Jahre)

Total time: 1:01:55

Speed: 8.72 km/h  
Running performance: 6:27 min/km

Rank in course/Total: 150 (of 175)

Rank in course/Men: 107 (of 119)

Best time in course: 33:35

Rank in category: 10(of 10)

Best time in the category: 41:03

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Ilsestein	4.10	30:31	7:26	10	10:02	110	13:53	4.10	30:31	7:26	10	10:02	106	2:07
Loddenke	2.20	13:01	5:55	10	5:05	108	6:18	6.30	43:32	6:54	10	15:07	107	3:56
Ilseburg/Markt	3.30	18:23	5:34	10	5:45	104	8:11	9.60	1:01:55	6:26	10	20:52	110	28:20