



44. Brockenlauf  
Ilsenburg / 06.09.2014

Detailed evaluation

Wadehn, Martina

Club: Ilsenburg  
Number: 507

Course: 9.60 km  
9,6 km - Lauf

Category:  
Seniorinnen W30 (30-34 Jahre)

Total time: 1:02:16

Speed: 8.67 km/h  
Running performance: 6:29 min/km

Rank in course/Total: 157 (of 175)

Rank in course/Women: 43 (of 56)

Best time in course: 40:35

Rank in category: 5(of 5)

Best time in the category: 40:35

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Ilsestein	4.10	31:46	7:44	5	11:53	43	11:53	4.10	31:46	7:44	5	11:53	16	0:38
Loddenke	2.20	12:14	5:33	3	4:06	32	4:06	6.30	44:00	6:59	5	15:59	16	
Ilsenburg/Markt	3.30	18:16	5:32	5	5:42	44	5:42	9.60	1:02:16	6:29	5	21:41	44	21:41