



44. Brockenlauf
Ilseburg / 06.09.2014

Detailed evaluation

Hörning, Jürgen

Club: Langeoog
Number: 606

Course: 9.60 km
9,6 km - Lauf

Category:
Senioren M65 (65-69 Jahre)

Total time: 1:06:27

Speed: 8.13 km/h
Running performance: 6:55 min/km

Rank in course/Total: 159 (of 175)

Rank in course/Men: 112 (of 119)

Best time in course: 33:35

Rank in category: 8(of 8)

Best time in the category: 50:08

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Ilsestein	4.10	33:24	8:08	8	8:31	114	16:46	4.10	33:24	8:08	8	8:31	111	5:00
Loddenke	2.20	15:18	6:57	8	5:02	118	8:35	6.30	48:42	7:43	8	13:33	111	9:06
Ilseburg/Markt	3.30	17:45	5:22	6	2:46	96	7:33	9.60	1:06:27	6:55	8	16:19	115	32:52