



44. Brockenlauf  
Ilseburg / 06.09.2014

Detailed evaluation

Dähnn, Bianca

Club: Brockenlaufverein Ilseburg  
Number: 579

Course: 9.60 km  
9,6 km - Lauf

Category:  
Seniorinnen W45 (45-49 Jahre)

Total time: 1:07:08

Speed: 8.04 km/h  
Running performance: 6:59 min/km

Rank in course/Total: 162 (of 175)

Rank in course/Women: 45 (of 56)

Best time in course: 40:35

Rank in category: 14(of 16)

Best time in the category: 44:23

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Ilsestein	4.10	33:56	8:16	13	11:45	46	14:03	4.10	33:56	8:16	14	11:45	18	2:48
Loddenke	2.20	13:13	6:00	13	4:39	38	5:05	6.30	47:09	7:29	14	16:24	18	2:48
Ilseburg/Markt	3.30	19:59	6:03	14	6:21	47	7:25	9.60	1:07:08	6:59	14	22:45	46	26:33