



44. Brockenlauf
Ilseburg / 06.09.2014

Detailed evaluation

Hentsch, Anne Kathrin

Number: 697

Course: 9.60 km

9,6 km - Lauf

Category:

Seniorinnen W45 (45-49 Jahre)

Total time: 1:09:04

Speed: 8.34 km/h

Running performance: 7:11 min/km

Rank in course/Total: 164 (of 175)

Rank in course/Women: 47 (of 56)

Best time in course: 40:35

Rank in category: 15(of 16)

Best time in the category: 44:23

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Ilsestein	4.10	34:48	8:29	14	12:37	47	14:55	4.10	34:48	8:29	15	12:37	20	3:40
Loddenke	2.20	13:49	6:16	15	5:15	46	5:41	6.30	48:37	7:43	15	17:52	20	4:16
Ilseburg/Markt	3.30	20:27	6:11	16	6:49	51	7:53	9.60	1:09:04	7:11	15	24:41	48	28:29