



44. Brockenlauf
Ilseburg / 06.09.2014

Detailed evaluation

Eggert, Monika

Club: Lg Haeder
Number: 661

Course: 9.60 km
9,6 km - Lauf

Category:
Seniorinnen W55 (55-59 Jahre)

Total time: 1:11:39

Speed: 7.54 km/h
Running performance: 7:28 min/km

Rank in course/Total: 166 (of 175)

Rank in course/Women: 114 (of 56)

Best time in course: 33:35

Rank in category: 9(of 5)

Best time in the category: 51:45

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Ilsestein	4.10	36:02	8:47	5	8:58	50	16:09	4.10	36:02	8:47	5	8:58	22	4:54
Loddenke	2.20	15:23	6:59	5	4:39	50	7:15	6.30	51:25	8:09	5	13:37	22	7:04
Ilseburg/Markt	3.30	20:14	6:07	5	4:21	50	7:40	9.60	1:11:39	7:27	5	17:58	49	31:04