



44. Brockenlauf  
Ilseburg / 06.09.2014

Detailed evaluation

Deckmann, Hans-Joachim

Number: 698

Course: 9.60 km

9,6 km - Lauf

Category:

Senioren M70 (70-74 Jahre)

Total time: 1:11:40

Speed: 7.53 km/h

Running performance: 7:28 min/km

Rank in course/Total: 167 (of 175)

Rank in course/Men: 115 (of 119)

Best time in course: 33:35

Rank in category: 3(of 3)

Best time in the category: 59:21

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Ilsestein	4.10	38:37	9:25	3	8:01	119	21:59	4.10	38:37	9:25	3	8:01	113	10:13
Loddenke	2.20	14:12	6:27	3	2:34	116	7:29	6.30	52:49	8:23	3	10:35	113	13:13
Ilseburg/Markt	3.30	18:51	5:42	3	1:44	112	8:39	9.60	1:11:40	7:27	3	12:19	117	38:05