



44. Brockenlauf
Ilsenburg / 06.09.2014

Detailed evaluation

Steiger, Lothar

Club: Brockenlaufverein Ilsenburg
Number: 959

Course: 9.60 km
9,6 km - Wanderung

Category:
Männer

Total time: 1:10:35

Speed: 7.65 km/h
Running performance: 7:21 min/km

Rank in course/Total: 2 (of 18)

Rank in course/Men: 1 (of 7)

Best time in course: 1:10:35

Rank in category: 1(of 7)

Best time in the category: 1:10:35

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Ilsestein	4.10	37:05	9:02	3	1:04	3	1:04	4.10	37:05	9:02	1	-	1	-
Loddenke	2.20	12:25	5:38	1	-	1	-	6.30	49:30	7:51	1	-	1	-
Ilsenburg/Markt	3.30	21:05	6:23	1	-	1	-	9.60	1:10:35	7:21	1	-	1	-