



44. Brockenlauf
Ilseburg / 06.09.2014

Detailed evaluation

Zimmermann, Marko

Number: 687

Course: 3.90 km
3,9 km - Lauf

Category:
Senioren M45 (45-49 Jahre)

Total time: 21:30

Speed: 8.37 km/h
Running performance: 5:31 min/km

Rank in course/Total: 13 (of 18)

Rank in course/Men: 6 (of 10)

Best time in course: 14:30

Rank in category: 1(of 2)

Best time in the category: 21:30

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Prinzess Ilse Que	1.90	11:28	6:02	2	0:02	8	4:05	1.90	11:28	6:02	2	0:02	7	4:05
Ilseburg/Markt	2.00	10:02	5:00	1	-	6	2:55	3.90	21:30	5:30	1	-	6	7:00