



44. Brockenlauf  
Ilseburg / 06.09.2014

Detailed evaluation

Zimmermann, Marko

Number: 687

Course: 3.90 km

3,9 km - Lauf

Category:

Senioren M45 (45-49 Jahre)

Total time: 21:30

Speed: 10.88 km/h

Running performance: 5:31 min/km

Rank in course/Total: 13 (of 18)

Rank in course/Men: 6 (of 10)

Best time in course: 14:30

Rank in category: 1(of 2)

Best time in the category: 21:30

Intermediate times

Stage score

Total ranking

| Control           | Split<br>km | Split<br>Time | Split<br>min/km | Pos<br>Cat. | Behind<br>Cat. | Stage score |               | Total ranking |               |                 |             |                |            |               |
|-------------------|-------------|---------------|-----------------|-------------|----------------|-------------|---------------|---------------|---------------|-----------------|-------------|----------------|------------|---------------|
|                   |             |               |                 |             |                | Pos<br>Men  | Behind<br>Men | Total<br>km   | Total<br>Time | Total<br>min/km | Pos<br>Cat. | Behind<br>Cat. | Pos<br>Men | Behind<br>Men |
| Prinzess Ilse Que | 1.90        | 11:28         | 6:02            | 2           | 0:02           | 8           | 4:05          | 1.90          | 11:28         | 6:02            | 2           | 0:02           | 7          | 4:05          |
| Ilseburg/Markt    | 2.00        | 10:02         | 5:00            | 1           | -              | 6           | 2:55          | 3.90          | 21:30         | 5:30            | 1           | -              | 6          | 7:00          |