



44. Brockenlauf
Ilseburg / 06.09.2014

Detailed evaluation

Jensen, Hanne

Club: Kolding
Number: 659

Course: 9.60 km
9,6 km - Lauf

Category:
Seniorinnen W50 (50-54 Jahre)

Total time: 1:19:48

Speed: 6.77 km/h
Running performance: 8:19 min/km

Rank in course/Total: 175 (of 175)

Rank in course/Women: 54 (of 56)

Best time in course: 40:35

Rank in category: 7(of 7)

Best time in the category: 57:10

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Ilsestein	4.10	40:44	9:56	7	11:51	56	20:51	4.10	40:44	9:56	7	11:51	28	9:36
Loddenke	2.20	15:58	7:15	7	4:23	55	7:50	6.30	56:42	9:00	7	16:14	28	12:21
Ilseburg/Markt	3.30	23:06	7:00	7	6:24	55	10:32	9.60	1:19:48	8:18	7	22:38	56	39:13