



44. Brockenlauf
Ilseburg / 06.09.2014

Detailed evaluation

Schmidt, Daniel

Club: SC Ostheim/Rhön
Number: 222

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M30 (30-34 Jahre)

Total time: 1:53:17

Speed: 13.77 km/h
Running performance: 4:19 min/km

Rank in course/Total: 6 (of 492)

Rank in course/Men: 6 (of 415)

Best time in course: 1:38:33

Rank in category: 1(of 36)

Best time in the category: 1:53:17

Intermediate times					Stage score				Total ranking					
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	14:32	4:24	4	0:12	19	2:40	3.30	14:32	4:24	28		7	
Schlüsie	3.10	15:56	5:08	1	-	11	2:58	6.40	30:28	4:45	28		6	5:38
Hermannsklippe	2.60	13:51	5:19	2	0:22	9	2:20	9.00	44:19	4:55	28		6	7:58
Brocken	3.10	21:15	6:51	1	-	8	3:25	12.10	1:05:34	5:25	28		6	11:23
Eiserner Handwe	3.60	13:12	3:39	1	-	4	1:10	15.70	1:18:46	5:01	28		6	12:33
Schlüsie	4.10	12:42	3:05	1	-	2	1:12	19.80	1:31:28	4:37	28		6	13:45
Loddenke	3.10	10:24	3:21	1	-	2	0:34	22.90	1:41:52	4:26	28		6	14:19
Ilseburg/Markt	3.30	11:25	3:27	1	-	3	2:53	26.20	1:53:17	4:19	1	-	6	14:44