



44. Brockenlauf

Ilseburg / 06.09.2014

Detailed evaluation

Beisheim, Florian

Club: run²localHeroTeam Kassel
Number: 79

Course: 26.20 km
26,2 km - Lauf

Category:
Männer (20-29 Jahre)

Total time: 1:54:52

Speed: 13.58 km/h
Running performance: 4:23 min/km

Rank in course/Total: 7 (of 492)

Rank in course/Men: 7 (of 415)

Best time in course: 1:38:33

Rank in category: 3(of 33)

Best time in the category: 1:38:33

Intermediate times					Stage score				Total ranking					
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	14:03	4:15	3	2:11	6	2:11	3.30	14:03	4:15	32		8	
Schlüsie	3.10	15:57	5:08	6	2:59	12	2:59	6.40	30:00	4:41	32		7	5:10
Hermannsklippe	2.60	13:54	5:20	5	2:23	11	2:23	9.00	43:54	4:52	32		7	7:33
Brocken	3.10	21:53	7:03	6	4:03	13	4:03	12.10	1:05:47	5:26	32		7	11:36
Eiserner Handwe	3.60	12:53	3:34	3	0:51	3	0:51	15.70	1:18:40	5:00	32		7	12:27
Schlüsie	4.10	12:43	3:06	2	1:13	3	1:13	19.80	1:31:23	4:36	32		7	13:40
Loddenke	3.10	11:00	3:32	2	1:10	6	1:10	22.90	1:42:23	4:28	32		7	14:50
Ilseburg/Markt	3.30	12:29	3:46	4	1:29	11	3:57	26.20	1:54:52	4:23	3	16:19	7	16:19