



44. Brockenlauf
Ilseburg / 06.09.2014

Detailed evaluation

Zedler, Robert

Club: X Runners Jena
Number: 226

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M30 (30-34 Jahre)

Total time: 1:59:14

Speed: 13.08 km/h
Running performance: 4:33 min/km

Rank in course/Total: 13 (of 492)

Rank in course/Men: 13 (of 415)

Best time in course: 1:38:33

Rank in category: 2(of 36)

Best time in the category: 1:53:17

Intermediate times					Stage score				Total ranking					
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	14:20	4:20	1	-	10	2:28	3.30	14:20	4:20	20		13	
Schlüsie	3.10	16:30	5:19	5	0:34	22	3:32	6.40	30:50	4:49	20		13	6:00
Hermannsklippe	2.60	14:56	5:44	5	1:27	28	3:25	9.00	45:46	5:05	20		13	9:25
Brocken	3.10	23:18	7:30	4	2:03	19	5:28	12.10	1:09:04	5:42	20		13	14:53
Eiserner Handwe	3.60	13:55	3:51	2	0:43	10	1:53	15.70	1:22:59	5:17	20		13	16:46
Schlüsie	4.10	13:05	3:11	2	0:23	9	1:35	19.80	1:36:04	4:51	20		13	18:21
Loddenke	3.10	11:01	3:33	2	0:37	7	1:11	22.90	1:47:05	4:40	20		13	19:32
Ilseburg/Markt	3.30	12:09	3:40	2	0:44	7	3:37	26.20	1:59:14	4:33	2	5:57	13	20:41