



44. Brockenlauf  
Ilseburg / 06.09.2014

Detailed evaluation

Gawlowski Dr, Jan

Club: Seesen  
Number: 1002

Course: 26.20 km  
26,2 km - Wanderung

Category:  
Männer

Total time: 3:46:10

Speed: 6.90 km/h  
Running performance: 8:38 min/km

Rank in course/Total: 2 (of 20)

Rank in course/Men: 2 (of 10)

Best time in course: 3:45:14

Rank in category: 2(of 10)

Best time in the category: 3:45:14

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	28:48	8:43	1	-	1	-	3.30	28:48	8:43	2		2	
Schlüsie	3.10	27:36	8:54	1	-	1	-	6.40	56:24	8:48	2		2	
Hermannsklippe	2.60	24:53	9:34	2	1:12	2	1:12	9.00	1:21:17	9:01	2		2	
Brocken	3.10	41:10	13:16	5	7:35	5	7:35	12.10	2:02:27	10:07	2	5:16	2	5:16
Eiserner Handwe	3.60	35:06	9:45	6	1:29	6	1:29	15.70	2:37:33	10:02	2	5:02	2	5:02
Schlüsie	4.10	25:33	6:13	1	-	1	-	19.80	3:03:06	9:14	2	0:47	2	0:47
Loddenke	3.10	21:22	6:53	2	2:00	2	2:00	22.90	3:24:28	8:55	2	2:47	2	2:47
Ilseburg/Markt	3.30	21:42	6:34	1	-	1	-	26.20	3:46:10	8:37	2	0:56	2	0:56