



44. Brockenlauf  
Ilseburg / 06.09.2014

Detailed evaluation

Radner, Philip

Club: Frankfurt  
Number: 319

Course: 26.20 km  
26,2 km - Lauf

Category:  
Senioren M30 (30-34 Jahre)

Total time: 2:05:04

Speed: 12.47 km/h  
Running performance: 4:46 min/km

Rank in course/Total: 21 (of 492)

Rank in course/Men: 21 (of 415)

Best time in course: 1:38:33

Rank in category: 5(of 36)

Best time in the category: 1:53:17

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	15:59	4:50	7	1:39	43	4:07	3.30	15:59	4:50	23		22	
Schlüsie	3.10	17:18	5:34	7	1:22	42	4:20	6.40	33:17	5:12	23		21	8:27
Hermannsklippe	2.60	15:00	5:46	6	1:31	29	3:29	9.00	48:17	5:21	23		21	11:56
Brocken	3.10	22:40	7:18	3	1:25	15	4:50	12.10	1:10:57	5:51	23		21	16:46
Eiserner Handwe	3.60	14:56	4:08	6	1:44	22	2:54	15.70	1:25:53	5:28	23		21	19:40
Schlüsie	4.10	14:16	3:28	6	1:34	21	2:46	19.80	1:40:09	5:03	23		21	22:26
Loddenke	3.10	11:54	3:50	3	1:30	14	2:04	22.90	1:52:03	4:53	23		21	24:30
Ilseburg/Markt	3.30	13:01	3:56	3	1:36	18	4:29	26.20	2:05:04	4:46	5	11:47	21	26:31