



44. Brockenlauf
Ilseburg / 06.09.2014

Detailed evaluation

Treziak, Jörg

Club: FSV GW Ilseburg
Number: 491

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M30 (30-34 Jahre)

Total time: 2:05:18

Speed: 12.45 km/h
Running performance: 4:47 min/km

Rank in course/Total: 22 (of 492)

Rank in course/Men: 22 (of 415)

Best time in course: 1:38:33

Rank in category: 6(of 36)

Best time in the category: 1:53:17

Intermediate times					Stage score				Total ranking					
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	14:24	4:21	2	0:04	15	2:32	3.30	14:24	4:21	24		23	
Schlüsie	3.10	16:21	5:16	4	0:25	18	3:23	6.40	30:45	4:48	24		22	5:55
Hermannsklippe	2.60	15:05	5:48	7	1:36	32	3:34	9.00	45:50	5:05	24		22	9:29
Brocken	3.10	24:50	8:00	9	3:35	41	7:00	12.10	1:10:40	5:50	24		22	16:29
Eiserner Handwe	3.60	14:51	4:07	4	1:39	19	2:49	15.70	1:25:31	5:26	24		22	19:18
Schlüsie	4.10	13:24	3:16	3	0:42	13	1:54	19.80	1:38:55	4:59	24		22	21:12
Loddenke	3.10	12:15	3:57	6	1:51	26	2:25	22.90	1:51:10	4:51	24		22	23:37
Ilseburg/Markt	3.30	14:08	4:16	5	2:43	45	5:36	26.20	2:05:18	4:46	6	12:01	22	26:45