



44. Brockenlauf
Ilseburg / 06.09.2014

Detailed evaluation

Rother, André

Club: LAV Alfeld
Number: 1090

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M45 (45-49 Jahre)

Total time: 2:08:01

Speed: 12.19 km/h
Running performance: 4:53 min/km

Rank in course/Total: 26 (of 492)

Rank in course/Men: 25 (of 415)

Best time in course: 1:38:33

Rank in category: 5(of 98)

Best time in the category: 1:58:21

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	14:20	4:20	2	0:06	10	2:28	3.30	14:20	4:20	70		13	
Schlüsie	3.10	16:23	5:17	4	0:44	20	3:25	6.40	30:43	4:47	70		25	5:53
Hermannsklippe	2.60	15:13	5:51	6	1:22	35	3:42	9.00	45:56	5:06	70		25	9:35
Brocken	3.10	25:38	8:16	13	4:18	54	7:48	12.10	1:11:34	5:54	70		25	17:23
Eiserner Handwe	3.60	15:14	4:13	6	1:14	29	3:12	15.70	1:26:48	5:31	70		25	20:35
Schlüsie	4.10	14:13	3:28	2	0:51	20	2:43	19.80	1:41:01	5:06	70		25	23:18
Loddenke	3.10	12:26	4:00	9	1:11	34	2:36	22.90	1:53:27	4:57	70		25	25:54
Ilseburg/Markt	3.30	14:34	4:24	15	2:22	68	6:02	26.20	2:08:01	4:53	5	9:40	25	29:28