



44. Brockenlauf
Ilseburg / 06.09.2014

Detailed evaluation

Gernhardt, Robert

Club: Göttingen
Number: 300

Course: 26.20 km
26,2 km - Lauf

Category:
Männer (20-29 Jahre)

Total time: 2:09:36

Speed: 12.04 km/h
Running performance: 4:57 min/km

Rank in course/Total: 29 (of 492)

Rank in course/Men: 28 (of 415)

Best time in course: 1:38:33

Rank in category: 8(of 33)

Best time in the category: 1:38:33

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	15:35	4:43	10	3:43	34	3:43	3.30	15:35	4:43	27		29	
Schlüsie	3.10	16:30	5:19	8	3:32	22	3:32	6.40	32:05	5:00	27		28	7:15
Hermannsklippe	2.60	14:22	5:31	7	2:51	16	2:51	9.00	46:27	5:09	27		28	10:06
Brocken	3.10	23:18	7:30	7	5:28	19	5:28	12.10	1:09:45	5:45	27		28	15:34
Eiserner Handwe	3.60	15:04	4:11	9	3:02	26	3:02	15.70	1:24:49	5:24	27		28	18:36
Schlüsie	4.10	15:08	3:41	9	3:38	38	3:38	19.80	1:39:57	5:02	27		28	22:14
Loddenke	3.10	13:36	4:23	15	3:46	89	3:46	22.90	1:53:33	4:57	27		28	26:00
Ilseburg/Markt	3.30	16:03	4:51	21	5:03	169	7:31	26.20	2:09:36	4:56	8	31:03	28	31:03