



44. Brockenlauf

Ilseburg / 06.09.2014

Detailed evaluation

Irmer, Tobias

Club: Laufgruppe Ottersleben
Number: 335

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M40 (40-44 Jahre)

Total time: 2:11:48

Speed: 11.84 km/h
Running performance: 5:02 min/km

Rank in course/Total: 38 (of 492)

Rank in course/Men: 37 (of 415)

Best time in course: 1:38:33

Rank in category: 7(of 67)

Best time in the category: 1:51:23

Intermediate times					Stage score				Total ranking					
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	15:07	4:34	5	1:24	25	3:15	3.30	15:07	4:34	46		37	
Schlüsie	3.10	17:08	5:31	7	2:26	35	4:10	6.40	32:15	5:02	46		37	7:25
Hermannsklippe	2.60	15:40	6:01	8	2:55	47	4:09	9.00	47:55	5:19	46		37	11:34
Brocken	3.10	25:50	8:19	8	5:46	59	8:00	12.10	1:13:45	6:05	46		37	19:34
Eiserner Handwe	3.60	16:25	4:33	9	3:02	66	4:23	15.70	1:30:10	5:44	46		37	23:57
Schlüsie	4.10	15:36	3:48	8	2:38	50	4:06	19.80	1:45:46	5:20	45		37	28:03
Loddenke	3.10	12:26	4:00	7	1:40	34	2:36	22.90	1:58:12	5:09	46		37	30:39
Ilseburg/Markt	3.30	13:36	4:07	6	1:39	29	5:04	26.20	2:11:48	5:01	7	20:25	37	33:15