



44. Brockenlauf
Ilseburg / 06.09.2014

Detailed evaluation

Ragoß, Daniel

Club: NSV Wernigerode
Number: 353

Course: 26.20 km
26,2 km - Lauf

Category:
Männer (20-29 Jahre)

Total time: 2:12:19

Speed: 11.79 km/h
Running performance: 5:03 min/km

Rank in course/Total: 40 (of 492)

Rank in course/Men: 39 (of 415)

Best time in course: 1:38:33

Rank in category: 11(of 33)

Best time in the category: 1:38:33

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	15:08	4:35	8	3:16	26	3:16	3.30	15:08	4:35	24		40	
Schlüsie	3.10	17:15	5:33	11	4:17	40	4:17	6.40	32:23	5:03	24		39	7:33
Hermannsklippe	2.60	15:01	5:46	11	3:30	30	3:30	9.00	47:24	5:15	24		39	11:03
Brocken	3.10	23:38	7:37	9	5:48	24	5:48	12.10	1:11:02	5:52	24		39	16:51
Eiserner Handwe	3.60	16:30	4:34	13	4:28	68	4:28	15.70	1:27:32	5:34	24		39	21:19
Schlüsie	4.10	16:36	4:02	16	5:06	100	5:06	19.80	1:44:08	5:15	24		39	26:25
Loddenke	3.10	13:34	4:22	14	3:44	87	3:44	22.90	1:57:42	5:08	24		39	30:09
Ilseburg/Markt	3.30	14:37	4:25	11	3:37	70	6:05	26.20	2:12:19	5:03	11	33:46	39	33:46