



# 44. Brockenlauf

Ilseburg / 06.09.2014

## Detailed evaluation

**Cherek, Uwe**

Club: Turnerbund Hamburg Eilbeck  
Number: 12

Course: 26.20 km  
26,2 km - Lauf

Category:  
Senioren M45 (45-49 Jahre)

Total time: 2:12:38

Speed: 11.76 km/h  
Running performance: 5:04 min/km

Rank in course/Total: 42 (of 492)

Rank in course/Men: 41 (of 415)

Best time in course: 1:38:33

Rank in category: 9(of 98)

Best time in the category: 1:58:21

Intermediate times					Stage score				Total ranking					
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	15:31	4:42	7	1:17	33	3:39	3.30	15:31	4:42	66		43	
Schlüsie	3.10	17:39	5:41	10	2:00	47	4:41	6.40	33:10	5:10	66		42	8:20
Hermannsklippe	2.60	15:27	5:56	10	1:36	43	3:56	9.00	48:37	5:24	66		42	12:16
Brocken	3.10	24:10	7:47	6	2:50	31	6:20	12.10	1:12:47	6:00	66		42	18:36
Eiserner Handwe	3.60	16:08	4:28	15	2:08	56	4:06	15.70	1:28:55	5:39	66		42	22:42
Schlüsie	4.10	15:22	3:44	12	2:00	42	3:52	19.80	1:44:17	5:16	66		34	26:34
Loddenke	3.10	12:49	4:08	13	1:34	54	2:59	22.90	1:57:06	5:06	66		42	29:33
Ilseburg/Markt	3.30	15:32	4:42	31	3:20	127	7:00	26.20	2:12:38	5:03	9	14:17	41	34:05