



44. Brockenlauf
Ilsenburg / 06.09.2014

Detailed evaluation

Franke, Sven

Club: Brockenlaufverein Ilsenburg
Number: 86

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M45 (45-49 Jahre)

Total time: 2:14:04

Speed: 11.64 km/h
Running performance: 5:07 min/km

Rank in course/Total: 48 (of 492)

Rank in course/Men: 47 (of 415)

Best time in course: 1:38:33

Rank in category: 11(of 98)

Best time in the category: 1:58:21

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	17:26	5:16	23	3:12	93	5:34	3.30	17:26	5:16	64		47	
Schlüsie	3.10	17:55	5:46	14	2:16	54	4:57	6.40	35:21	5:31	64		47	10:31
Hermannsklippe	2.60	16:00	6:09	12	2:09	54	4:29	9.00	51:21	5:42	64		47	15:00
Brocken	3.10	27:30	8:52	23	6:10	97	9:40	12.10	1:18:51	6:30	64		47	24:40
Eiserner Handwe	3.60	14:49	4:06	3	0:49	17	2:47	15.70	1:33:40	5:57	64		47	27:27
Schlüsie	4.10	14:23	3:30	3	1:01	22	2:53	19.80	1:48:03	5:27	64		47	30:20
Loddenke	3.10	12:17	3:57	7	1:02	28	2:27	22.90	2:00:20	5:15	64		47	32:47
Ilsenburg/Markt	3.30	13:44	4:09	9	1:32	34	5:12	26.20	2:14:04	5:07	11	15:43	47	35:31