



44. Brockenlauf
Ilseburg / 06.09.2014

Detailed evaluation

Bernd, Thomas

Club: MSV Eintracht Halberstadt
Number: 189

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M55 (55-59 Jahre)

Total time: 2:14:10

Speed: 11.63 km/h
Running performance: 5:07 min/km

Rank in course/Total: 49 (of 492)

Rank in course/Men: 48 (of 415)

Best time in course: 1:38:33

Rank in category: 2(of 47)

Best time in the category: 2:12:40

Intermediate times					Stage score				Total ranking					
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	15:54	4:49	1	-	42	4:02	3.30	15:54	4:49	26		49	
Schlüsie	3.10	18:10	5:51	4	0:42	64	5:12	6.40	34:04	5:19	26		48	9:14
Hermannsklippe	2.60	16:48	6:27	5	1:01	89	5:17	9.00	50:52	5:39	26		48	14:31
Brocken	3.10	27:43	8:56	10	2:36	109	9:53	12.10	1:18:35	6:29	26		48	24:24
Eiserner Handwe	3.60	15:07	4:11	1	-	27	3:05	15.70	1:33:42	5:58	26		48	27:29
Schlüsie	4.10	14:23	3:30	1	-	22	2:53	19.80	1:48:05	5:27	26		48	30:22
Loddenke	3.10	12:09	3:55	1	-	21	2:19	22.90	2:00:14	5:15	26		48	32:41
Ilseburg/Markt	3.30	13:56	4:13	2	0:02	39	5:24	26.20	2:14:10	5:07	2	1:30	48	35:37