



44. Brockenlauf  
Ilseburg / 06.09.2014

Detailed evaluation

Claudius, Sven

Club: USC Magdeburg  
Number: 395

Course: 26.20 km  
26,2 km - Lauf

Category:  
Senioren M45 (45-49 Jahre)

Total time: 2:15:41

Speed: 11.50 km/h  
Running performance: 5:11 min/km

Rank in course/Total: 54 (of 492)

Rank in course/Men: 53 (of 415)

Best time in course: 1:38:33

Rank in category: 12(of 98)

Best time in the category: 1:58:21

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	16:16	4:55	12	2:02	52	4:24	3.30	16:16	4:55	50		54	
Schlüsie	3.10	17:25	5:37	9	1:46	43	4:27	6.40	33:41	5:15	63		53	8:51
Hermannsklippe	2.60	16:01	6:09	13	2:10	55	4:30	9.00	49:42	5:31	63		53	13:21
Brocken	3.10	25:21	8:10	10	4:01	49	7:31	12.10	1:15:03	6:12	63		53	20:52
Eiserner Handwe	3.60	15:56	4:25	13	1:56	46	3:54	15.70	1:30:59	5:47	63		53	24:46
Schlüsie	4.10	16:22	3:59	24	3:00	92	4:52	19.80	1:47:21	5:25	63		53	29:38
Loddenke	3.10	15:04	4:51	53	3:49	209	5:14	22.90	2:02:25	5:20	50		53	34:52
Ilseburg/Markt	3.30	13:16	4:01	4	1:04	21	4:44	26.20	2:15:41	5:10	12	17:20	53	37:08