



44. Brockenlauf
Ilseburg / 06.09.2014

Detailed evaluation

Schilk, Gunter

Club: Laufgruppe Ottersleben
Number: 224

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M45 (45-49 Jahre)

Total time: 2:15:42

Speed: 11.50 km/h
Running performance: 5:11 min/km

Rank in course/Total: 55 (of 492)

Rank in course/Men: 54 (of 415)

Best time in course: 1:38:33

Rank in category: 13(of 98)

Best time in the category: 1:58:21

Intermediate times					Stage score				Total ranking					
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	18:22	5:33	39	4:08	159	6:30	3.30	18:22	5:33	62		55	
Schlüsie	3.10	18:53	6:05	26	3:14	103	5:55	6.40	37:15	5:49	50		54	12:25
Hermannsklippe	2.60	16:37	6:23	22	2:46	83	5:06	9.00	53:52	5:59	50		54	17:31
Brocken	3.10	24:13	7:48	7	2:53	33	6:23	12.10	1:18:05	6:27	50		54	23:54
Eiserner Handwe	3.60	15:50	4:23	12	1:50	43	3:48	15.70	1:33:55	5:58	50		54	27:42
Schlüsie	4.10	15:52	3:52	17	2:30	61	4:22	19.80	1:49:47	5:32	50		54	32:04
Loddenke	3.10	12:38	4:04	12	1:23	43	2:48	22.90	2:02:25	5:20	50		53	34:52
Ilseburg/Markt	3.30	13:17	4:01	5	1:05	22	4:45	26.20	2:15:42	5:10	13	17:21	54	37:09