



44. Brockenlauf  
Ilseburg / 06.09.2014

Detailed evaluation

Richter, Nadine

Club: TuS Griesheim/Team Erdinger Alkoholfrei  
Number: 223

Enduro Long Men

Category:

Seniorinnen W30 (30-34 Jahre)

Total time: 2:15:56

Speed: - km/h

Running performance: 5:11 min/km

Rank in course/Total: 56 (of 492)

Rank in course/Women: 2 (of 77)

Best time in course: 2:05:45

Rank in category: 1(of 7)

Best time in the category: 2:15:56

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Loddenke	3.30	16:34	5:01	1	-	4	1:41	3.30	16:34	5:01	1	-	58	
Schlüsie	3.10	18:08	5:50	1	-	2	1:11	6.40	34:42	5:25	1	-	57	
Hermannsklippe	2.60	16:30	6:20	1	-	2	1:21	9.00	51:12	5:41	1	-	57	
Brocken	3.10	25:15	8:08	1	-	2	1:01	12.10	1:16:27	6:19	1	-	58	
Eiserner Handwe	3.60	16:10	4:29	1	-	3	1:25	15.70	1:32:37	5:53	1	-	58	
Schlüsie	4.10	16:26	4:00	1	-	5	2:07	19.80	1:49:03	5:30	1	-	58	
Loddenke	3.10	13:03	4:12	1	-	3	0:50	22.90	2:02:06	5:19	1	-	58	
Ilseburg/Markt	3.30	13:50	4:11	1	-	2	0:35	-	2:15:56	-	1	-	2	10:11