



44. Brockenlauf  
Ilseburg / 06.09.2014

Detailed evaluation

Pollmann, Josef

Club: LAC Hochsauerland  
Number: 964

Course: 9.60 km  
9,6 km - Wanderung

Category:  
Männer

Total time: 1:50:41

Speed: 4.88 km/h  
Running performance: 11:32 min/km

Rank in course/Total: 18 (of 18)

Rank in course/Men: 7 (of 7)

Best time in course: 1:10:35

Rank in category: 7(of 7)

Best time in the category: 1:10:35

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Ilsestein	4.10	43:04	10:30	6	7:03	6	7:03	4.10	43:04	10:30	5	5:59	5	5:59
Loddenke	2.20	21:05	9:34	7	8:40	7	8:40	6.30	1:04:09	10:10	5	14:39	5	14:39
Ilseburg/Markt	3.30	46:32	14:06	7	25:27	7	25:27	9.60	1:50:41	11:31	7	40:06	7	40:06