



44. Brockenlauf

Ilseburg / 06.09.2014

Detailed evaluation

Hertelt, Sven

Club: BSC Preußen 07
Number: 493

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M30 (30-34 Jahre)

Total time: 2:17:20

Speed: 11.36 km/h
Running performance: 5:14 min/km

Rank in course/Total: 60 (of 492)

Rank in course/Men: 58 (of 415)

Best time in course: 1:38:33

Rank in category: 10(of 36)

Best time in the category: 1:53:17

Intermediate times					Stage score				Total ranking					
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	17:33	5:19	15	3:13	100	5:41	3.30	17:33	5:19	3		59	
Schlüsie	3.10	18:32	5:58	12	2:36	84	5:34	6.40	36:05	5:38	19		52	11:15
Hermannsklippe	2.60	16:11	6:13	10	2:42	59	4:40	9.00	52:16	5:48	19		58	15:55
Brocken	3.10	24:46	7:59	8	3:31	40	6:56	12.10	1:17:02	6:21	19		58	22:51
Eiserner Handwe	3.60	16:40	4:37	10	3:28	74	4:38	15.70	1:33:42	5:58	19		48	27:29
Schlüsie	4.10	16:24	4:00	12	3:42	95	4:54	19.80	1:50:06	5:33	19		58	32:23
Loddenke	3.10	12:54	4:09	7	2:30	55	3:04	22.90	2:03:00	5:22	19		58	35:27
Ilseburg/Markt	3.30	14:20	4:20	8	2:55	54	5:48	26.20	2:17:20	5:14	10	24:03	58	38:47