



44. Brockenlauf
Ilseburg / 06.09.2014

Detailed evaluation

Schlemeier, Verena

Club: SV Teutonia Sorsum
Number: 249

Course: 26.20 km
26,2 km - Lauf

Category:
Seniorinnen W35 (35-39 Jahre)

Total time: 2:18:09

Speed: 11.29 km/h
Running performance: 5:16 min/km

Rank in course/Total: 64 (of 492)

Rank in course/Women: 3 (of 77)

Best time in course: 2:05:45

Rank in category: 1(of 7)

Best time in the category: 2:18:09

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Loddenke	3.30	16:24	4:58	1	-	2	1:31	3.30	16:24	4:58	1	-	57	
Schlüsie	3.10	18:18	5:54	1	-	3	1:21	6.40	34:42	5:25	1	-	57	
Hermannsklippe	2.60	16:30	6:20	1	-	2	1:21	9.00	51:12	5:41	1	-	57	
Brocken	3.10	26:28	8:32	1	-	4	2:14	12.10	1:17:40	6:25	1	-	57	
Eiserner Handwe	3.60	16:15	4:30	1	-	4	1:30	15.70	1:33:55	5:58	1	-	57	
Schlüsie	4.10	16:09	3:56	2	1:45	4	1:50	19.80	1:50:04	5:33	1	-	57	
Loddenke	3.10	12:59	4:11	1	-	2	0:46	22.90	2:03:03	5:22	1	-	57	
Ilseburg/Markt	3.30	15:06	4:34	1	-	5	1:51	26.20	2:18:09	5:16	1	-	3	12:24