



44. Brockenlauf  
Ilseburg / 06.09.2014

Detailed evaluation

Janke, Jörg

Club: Leipzig  
Number: 183

Course: 26.20 km  
26,2 km - Lauf

Category:  
Senioren M35 (35-39 Jahre)

Total time: 2:19:24

Speed: 11.28 km/h  
Running performance: 5:19 min/km

Rank in course/Total: 71 (of 492)

Rank in course/Men: 68 (of 415)

Best time in course: 1:38:33

Rank in category: 8(of 36)

Best time in the category: 1:58:41

Intermediate times					Stage score				Total ranking					
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	16:14	4:55	5	1:54	50	4:22	3.30	16:14	4:55	26		69	
Schlüsie	3.10	16:45	5:24	4	0:47	29	3:47	6.40	32:59	5:09	26		31	8:09
Hermannsklippe	2.60	14:49	5:41	3	0:47	25	3:18	9.00	47:48	5:18	26		68	11:27
Brocken	3.10	23:05	7:26	2	1:34	17	5:15	12.10	1:10:53	5:51	26		68	16:42
Eiserner Handwe	3.60	18:24	5:06	17	3:48	176	6:22	15.70	1:29:17	5:41	26		68	23:04
Schlüsie	4.10	18:49	4:35	21	4:50	232	7:19	19.80	1:48:06	5:27	26		68	30:23
Loddenke	3.10	15:09	4:53	19	3:36	215	5:19	22.90	2:03:15	5:22	26		68	35:42
Ilseburg/Markt	3.30	16:09	4:53	15	3:27	175	7:37	26.20	2:19:24	5:19	8	20:43	68	40:51