



44. Brockenlauf
Ilseburg / 06.09.2014

Detailed evaluation

Schlottag, Jens

Club: MSV Eintracht Halberstadt
Number: 380

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M40 (40-44 Jahre)

Total time: 2:19:30

Speed: 11.18 km/h
Running performance: 5:19 min/km

Rank in course/Total: 72 (of 492)

Rank in course/Men: 69 (of 415)

Best time in course: 1:38:33

Rank in category: 10(of 67)

Best time in the category: 1:51:23

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	16:28	4:59	11	2:45	61	4:36	3.30	16:28	4:59	43		70	
Schlüsie	3.10	19:01	6:08	18	4:19	110	6:03	6.40	35:29	5:32	43		69	10:39
Hermannsklippe	2.60	18:13	7:00	33	5:28	169	6:42	9.00	53:42	5:58	43		65	17:21
Brocken	3.10	28:24	9:09	24	8:20	130	10:34	12.10	1:22:06	6:47	43		69	27:55
Eiserner Handwe	3.60	16:16	4:31	8	2:53	60	4:14	15.70	1:38:22	6:15	43		69	32:09
Schlüsie	4.10	14:47	3:36	5	1:49	29	3:17	19.80	1:53:09	5:42	43		69	35:26
Loddenke	3.10	12:19	3:58	5	1:33	29	2:29	22.90	2:05:28	5:28	43		69	37:55
Ilseburg/Markt	3.30	14:02	4:15	9	2:05	41	5:30	26.20	2:19:30	5:19	10	28:07	69	40:57