



44. Brockenlauf

Ilseburg / 06.09.2014

Detailed evaluation

Oswald, Sven

Club: Gesundheits Zentrum Aschersleben
Number: 365

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M35 (35-39 Jahre)

Total time: 2:20:35

Speed: 11.10 km/h
Running performance: 5:22 min/km

Rank in course/Total: 77 (of 492)

Rank in course/Men: 74 (of 415)

Best time in course: 1:38:33

Rank in category: 9(of 36)

Best time in the category: 1:58:41

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	15:51	4:48	4	1:31	38	3:59	3.30	15:51	4:48	27		44	
Schlüsie	3.10	16:55	5:27	5	0:57	32	3:57	6.40	32:46	5:07	27		30	7:56
Hermannsklippe	2.60	15:21	5:54	5	1:19	40	3:50	9.00	48:07	5:20	27		74	11:46
Brocken	3.10	27:35	8:53	11	6:04	102	9:45	12.10	1:15:42	6:15	27		74	21:31
Eiserner Handwe	3.60	16:02	4:27	6	1:26	50	4:00	15.70	1:31:44	5:50	27		74	25:31
Schlüsie	4.10	17:33	4:16	14	3:34	154	6:03	19.80	1:49:17	5:31	27		74	31:34
Loddenke	3.10	14:35	4:42	16	3:02	165	4:45	22.90	2:03:52	5:24	27		74	36:19
Ilseburg/Markt	3.30	16:43	5:03	19	4:01	217	8:11	26.20	2:20:35	5:21	9	21:54	74	42:02