



44. Brockenlauf  
Ilseburg / 06.09.2014

Detailed evaluation

Mähner, Klaus

Club: SG Holzheim  
Number: 264

Course: 26.20 km  
26,2 km - Lauf

Category:  
Senioren M45 (45-49 Jahre)

Total time: 2:20:54

Speed: 11.07 km/h  
Running performance: 5:23 min/km

Rank in course/Total: 79 (of 492)

Rank in course/Men: 76 (of 415)

Best time in course: 1:38:33

Rank in category: 21(of 98)

Best time in the category: 1:58:21

Intermediate times					Stage score				Total ranking					
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	18:14	5:31	35	4:00	148	6:22	3.30	18:14	5:31	54		77	
Schlüsie	3.10	18:52	6:05	25	3:13	102	5:54	6.40	37:06	5:47	54		76	12:16
Hermannsklippe	2.60	16:40	6:24	23	2:49	85	5:09	9.00	53:46	5:58	54		76	17:25
Brocken	3.10	24:03	7:45	5	2:43	30	6:13	12.10	1:17:49	6:25	54		76	23:38
Eiserner Handwe	3.60	18:11	5:03	39	4:11	165	6:09	15.70	1:36:00	6:06	54		76	29:47
Schlüsie	4.10	17:10	4:11	32	3:48	132	5:40	19.80	1:53:10	5:42	54		76	35:27
Loddenke	3.10	13:24	4:19	20	2:09	83	3:34	22.90	2:06:34	5:31	54		76	39:01
Ilseburg/Markt	3.30	14:20	4:20	12	2:08	54	5:48	26.20	2:20:54	5:22	21	22:33	76	42:21