



44. Brockenlauf
Ilseburg / 06.09.2014

Detailed evaluation

Liebmann, Jörg

Club: Potsdam
Number: 129

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M50 (50-54 Jahre)

Total time: 2:22:07

Speed: 10.98 km/h
Running performance: 5:25 min/km

Rank in course/Total: 87 (of 492)

Rank in course/Men: 84 (of 415)

Best time in course: 1:38:33

Rank in category: 8(of 62)

Best time in the category: 2:03:47

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	17:37	5:20	11	2:27	105	5:45	3.30	17:37	5:20	39		85	
Schlüsie	3.10	18:25	5:56	9	2:03	79	5:27	6.40	36:02	5:37	39		84	11:12
Hermannsklippe	2.60	16:25	6:18	7	2:04	70	4:54	9.00	52:27	5:49	39		84	16:06
Brocken	3.10	26:35	8:34	7	2:25	75	8:45	12.10	1:19:02	6:31	39		84	24:51
Eiserner Handwe	3.60	16:27	4:34	5	1:37	67	4:25	15.70	1:35:29	6:04	39		84	29:16
Schlüsie	4.10	16:19	3:58	10	2:16	88	4:49	19.80	1:51:48	5:38	39		84	34:05
Loddenke	3.10	14:05	4:32	17	2:16	129	4:15	22.90	2:05:53	5:29	39		84	38:20
Ilseburg/Markt	3.30	16:14	4:55	28	3:34	181	7:42	26.20	2:22:07	5:25	8	18:20	84	43:34