



44. Brockenlauf
Ilseburg / 06.09.2014

Detailed evaluation

Schneider, Erik

Club: Team Erdinger Alkoholfrei
Number: 234

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M30 (30-34 Jahre)

Total time: 2:23:16

Speed: 10.89 km/h
Running performance: 5:28 min/km

Rank in course/Total: 94 (of 492)

Rank in course/Men: 91 (of 415)

Best time in course: 1:38:33

Rank in category: 11(of 36)

Best time in the category: 1:53:17

Intermediate times					Stage score				Total ranking					
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	17:26	5:16	13	3:06	93	5:34	3.30	17:26	5:16	29		48	
Schlüsie	3.10	18:58	6:07	15	3:02	106	6:00	6.40	36:24	5:41	29		91	11:34
Hermannsklippe	2.60	17:03	6:33	13	3:34	101	5:32	9.00	53:27	5:56	29		91	17:06
Brocken	3.10	28:25	9:09	16	7:10	132	10:35	12.10	1:21:52	6:45	29		91	27:41
Eiserner Handwe	3.60	17:05	4:44	12	3:53	97	5:03	15.70	1:38:57	6:18	29		91	32:44
Schlüsie	4.10	16:17	3:58	11	3:35	84	4:47	19.80	1:55:14	5:49	29		91	37:31
Loddenke	3.10	13:07	4:13	9	2:43	63	3:17	22.90	2:08:21	5:36	29		91	40:48
Ilseburg/Markt	3.30	14:55	4:31	11	3:30	87	6:23	26.20	2:23:16	5:28	11	29:59	91	44:43