



44. Brockenlauf
Ilseburg / 06.09.2014

Detailed evaluation

Wittig, Günter

Club: Aerobbis
Number: 316

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M55 (55-59 Jahre)

Total time: 2:24:46

Speed: 10.86 km/h
Running performance: 5:32 min/km

Rank in course/Total: 106 (of 492)

Rank in course/Men: 102 (of 415)

Best time in course: 1:38:33

Rank in category: 8(of 47)

Best time in the category: 2:12:40

Intermediate times					Stage score				Total ranking					
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	18:35	5:37	13	2:41	165	6:43	3.30	18:35	5:37	32		101	
Schlüsie	3.10	19:22	6:14	8	1:54	128	6:24	6.40	37:57	5:55	32		100	13:07
Hermannsklippe	2.60	17:21	6:40	8	1:34	116	5:50	9.00	55:18	6:08	32		100	18:57
Brocken	3.10	26:54	8:40	6	1:47	84	9:04	12.10	1:22:12	6:47	32		100	28:01
Eiserner Handwe	3.60	17:10	4:46	9	2:03	101	5:08	15.70	1:39:22	6:19	32		100	33:09
Schlüsie	4.10	16:08	3:56	7	1:45	74	4:38	19.80	1:55:30	5:50	32		100	37:47
Loddenke	3.10	13:11	4:15	7	1:02	67	3:21	22.90	2:08:41	5:37	32		89	41:08
Ilseburg/Markt	3.30	16:05	4:52	14	2:11	172	7:33	26.20	2:24:46	5:31	8	12:06	103	46:13