



44. Brockenlauf  
Ilseburg / 06.09.2014

Detailed evaluation

Keilwagen, René

Club: NLLB Cottbus e. V.  
Number: 182

Course: 26.20 km  
26,2 km - Lauf

Category:  
Senioren M40 (40-44 Jahre)

Total time: 2:24:38

Speed: 10.79 km/h  
Running performance: 5:31 min/km

Rank in course/Total: 104 (of 492)

Rank in course/Men: 100 (of 415)

Best time in course: 1:38:33

Rank in category: 19(of 67)

Best time in the category: 1:51:23

Intermediate times					Stage score				Total ranking					
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	17:19	5:14	17	3:36	90	5:27	3.30	17:19	5:14	54		104	
Schlüsie	3.10	19:00	6:07	17	4:18	108	6:02	6.40	36:19	5:40	54		103	11:29
Hermannsklippe	2.60	16:59	6:31	18	4:14	98	5:28	9.00	53:18	5:55	54		103	16:57
Brocken	3.10	27:51	8:59	19	7:47	113	10:01	12.10	1:21:09	6:42	54		103	26:58
Eiserner Handwe	3.60	18:07	5:01	29	4:44	159	6:05	15.70	1:39:16	6:19	54		103	33:03
Schlüsie	4.10	16:58	4:08	21	4:00	120	5:28	19.80	1:56:14	5:52	36		96	38:31
Loddenke	3.10	13:44	4:25	17	2:58	97	3:54	22.90	2:09:58	5:40	54		103	42:25
Ilseburg/Markt	3.30	14:40	4:26	13	2:43	72	6:08	26.20	2:24:38	5:31	19	33:15	101	46:05