



44. Brockenlauf  
Ilseburg / 06.09.2014

Detailed evaluation

Staebe, Erika

Club: LC Blueliner  
Number: 103

Course: 26.20 km  
26,2 km - Lauf

Category:  
Seniorinnen W50 (50-54 Jahre)

Total time: 2:24:48

Speed: 10.77 km/h  
Running performance: 5:32 min/km

Rank in course/Total: 107 (of 492)

Rank in course/Women: 4 (of 77)

Best time in course: 2:05:45

Rank in category: 1(of 10)

Best time in the category: 2:24:48

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Loddenke	3.30	16:28	4:59	1	-	3	1:35	3.30	16:28	4:59	1	-	56	
Schlüsie	3.10	19:03	6:08	1	-	5	2:06	6.40	35:31	5:32	1	-	56	
Hermannsklippe	2.60	17:01	6:32	1	-	4	1:52	9.00	52:32	5:50	1	-	55	
Brocken	3.10	27:54	9:00	1	-	6	3:40	12.10	1:20:26	6:38	1	-	56	
Eiserner Handwe	3.60	17:54	4:58	2	2:16	7	3:09	15.70	1:38:20	6:15	1	-	56	
Schlüsie	4.10	17:37	4:17	2	2:04	12	3:18	19.80	1:55:57	5:51	1	-	56	
Loddenke	3.10	13:56	4:29	1	-	6	1:43	22.90	2:09:53	5:40	1	-	56	
Ilseburg/Markt	3.30	14:55	4:31	1	-	4	1:40	26.20	2:24:48	5:31	1	-	4	19:03