



44. Brockenlauf
Ilseburg / 06.09.2014

Detailed evaluation

Kroll, Gunnar

Club: Altstadtdruckerei Neuruppin
Number: 170

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M50 (50-54 Jahre)

Total time: 2:24:56

Speed: 10.76 km/h
Running performance: 5:32 min/km

Rank in course/Total: 110 (of 492)

Rank in course/Men: 105 (of 415)

Best time in course: 1:38:33

Rank in category: 12(of 62)

Best time in the category: 2:03:47

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	16:28	4:59	3	1:18	61	4:36	3.30	16:28	4:59	43		70	
Schlüsie	3.10	18:50	6:04	13	2:28	98	5:52	6.40	35:18	5:30	43		82	10:28
Hermannsklippe	2.60	17:14	6:37	15	2:53	111	5:43	9.00	52:32	5:50	43		104	16:11
Brocken	3.10	28:08	9:04	15	3:58	122	10:18	12.10	1:20:40	6:40	43		104	26:29
Eiserner Handwe	3.60	17:49	4:56	18	2:59	142	5:47	15.70	1:38:29	6:16	43		104	32:16
Schlüsie	4.10	17:17	4:12	18	3:14	141	5:47	19.80	1:55:46	5:50	43		93	38:03
Loddenke	3.10	13:50	4:27	14	2:01	102	4:00	22.90	2:09:36	5:39	43		104	42:03
Ilseburg/Markt	3.30	15:20	4:38	16	2:40	116	6:48	26.20	2:24:56	5:31	13	21:09	106	46:23