



44. Brockenlauf
Ilseburg / 06.09.2014

Detailed evaluation

Hentsch Dr., Torsten

Number: 1069

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M45 (45-49 Jahre)

Total time: 2:25:57

Speed: 10.69 km/h
Running performance: 5:34 min/km

Rank in course/Total: 113 (of 492)

Rank in course/Men: 108 (of 415)

Best time in course: 1:38:33

Rank in category: 25(of 98)

Best time in the category: 1:58:21

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	18:39	5:39	43	4:25	167	6:47	3.30	18:39	5:39	63		109	
Schlüsie	3.10	19:02	6:08	29	3:23	112	6:04	6.40	37:41	5:53	62		108	12:51
Hermannsklippe	2.60	17:43	6:48	32	3:52	139	6:12	9.00	55:24	6:09	62		108	19:03
Brocken	3.10	25:27	8:12	12	4:07	51	7:37	12.10	1:20:51	6:40	62		108	26:40
Eiserner Handwe	3.60	18:09	5:02	38	4:09	160	6:07	15.70	1:39:00	6:18	62		108	32:47
Schlüsie	4.10	17:20	4:13	35	3:58	145	5:50	19.80	1:56:20	5:52	62		108	38:37
Loddenke	3.10	14:01	4:31	29	2:46	121	4:11	22.90	2:10:21	5:41	62		95	42:48
Ilseburg/Markt	3.30	15:36	4:43	32	3:24	134	7:04	26.20	2:25:57	5:34	25	27:36	109	47:24