



44. Brockenlauf  
Ilseburg / 06.09.2014

Detailed evaluation

Joermann, Gerhard

Club: SV Bio  
Number: 298

Course: 26.20 km  
26,2 km - Lauf

Category:  
Senioren M60 (60-64 Jahre)

Total time: 2:26:15

Speed: 10.67 km/h  
Running performance: 5:35 min/km

Rank in course/Total: 116 (of 492)

Rank in course/Men: 110 (of 415)

Best time in course: 1:38:33

Rank in category: 3(of 24)

Best time in the category: 2:19:43

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	18:05	5:28	4	1:39	137	6:13	3.30	18:05	5:28	23		112	
Schlüsie	3.10	20:16	6:32	4	1:56	182	7:18	6.40	38:21	5:59	23		111	13:31
Hermannsklippe	2.60	17:43	6:48	4	1:13	139	6:12	9.00	56:04	6:13	23		111	19:43
Brocken	3.10	28:11	9:05	2	0:38	124	10:21	12.10	1:24:15	6:57	23		111	30:04
Eiserner Handwe	3.60	16:58	4:42	2	0:03	93	4:56	15.70	1:41:13	6:26	23		111	35:00
Schlüsie	4.10	16:20	3:59	1	-	89	4:50	19.80	1:57:33	5:56	23		111	39:50
Loddenke	3.10	13:12	4:15	1	-	71	3:22	22.90	2:10:45	5:42	23		111	43:12
Ilseburg/Markt	3.30	15:30	4:41	3	6:58	124	6:58	26.20	2:26:15	5:34	3	6:32	112	47:42