



44. Brockenlauf
Ilseburg / 06.09.2014

Detailed evaluation

Weber, Marian

Club: Sinco Tec Laufsportteam
Number: 474

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M40 (40-44 Jahre)

Total time: 2:26:38

Speed: 10.64 km/h
Running performance: 5:36 min/km

Rank in course/Total: 119 (of 492)

Rank in course/Men: 113 (of 415)

Best time in course: 1:38:33

Rank in category: 23(of 67)

Best time in the category: 1:51:23

Intermediate times					Stage score				Total ranking					
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	18:29	5:36	31	4:46	162	6:37	3.30	18:29	5:36	57		115	
Schlüsie	3.10	19:46	6:22	29	5:04	157	6:48	6.40	38:15	5:58	57		114	13:25
Hermannsklippe	2.60	17:49	6:51	27	5:04	145	6:18	9.00	56:04	6:13	57		111	19:43
Brocken	3.10	26:52	8:39	14	6:48	81	9:02	12.10	1:22:56	6:51	57		114	28:45
Eiserner Handwe	3.60	17:54	4:58	27	4:31	147	5:52	15.70	1:40:50	6:25	57		114	34:37
Schlüsie	4.10	16:51	4:06	17	3:53	113	5:21	19.80	1:57:41	5:56	57		114	39:58
Loddenke	3.10	14:02	4:31	24	3:16	123	4:12	22.90	2:11:43	5:45	57		114	44:10
Ilseburg/Markt	3.30	14:55	4:31	17	2:58	87	6:23	26.20	2:26:38	5:35	23	35:15	115	48:05