



44. Brockenlauf
Ilseburg / 06.09.2014

Detailed evaluation

Fleig, Sabine

Club: NSV Wernigerode
Number: 376

Course: 26.20 km
26,2 km - Lauf

Category:
Seniorinnen W55 (55-59 Jahre)

Total time: 2:26:53

Speed: 10.70 km/h
Running performance: 5:37 min/km

Rank in course/Total: 121 (of 492)

Rank in course/Women: 5 (of 77)

Best time in course: 2:05:45

Rank in category: 1(of 4)

Best time in the category: 2:26:53

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Loddenke	3.30	17:01	5:09	1	-	5	2:08	3.30	17:01	5:09	1	-	55	
Schlüsie	3.10	18:29	5:57	1	-	4	1:32	6.40	35:30	5:32	1	-	55	
Hermannsklippe	2.60	17:02	6:33	1	-	5	1:53	9.00	52:32	5:50	1	-	55	
Brocken	3.10	26:21	8:30	1	-	3	2:07	12.10	1:18:53	6:31	1	-	55	
Eiserner Handwe	3.60	17:57	4:59	1	-	8	3:12	15.70	1:36:50	6:10	1	-	55	
Schlüsie	4.10	17:30	4:16	1	-	10	3:11	19.80	1:54:20	5:46	1	-	55	
Loddenke	3.10	14:53	4:48	1	-	20	2:40	22.90	2:09:13	5:38	1	-	55	
Ilseburg/Markt	3.30	17:40	5:21	1	-	34	4:25	26.20	2:26:53	5:36	1	-	5	21:08