



44. Brockenlauf
Ilseburg / 06.09.2014

Detailed evaluation

Schmitz, Kerstin

Club: WLV
Number: 209

Course: 26.20 km
26,2 km - Lauf

Category:
Seniorinnen W50 (50-54 Jahre)

Total time: 2:27:02

Speed: 10.61 km/h
Running performance: 5:37 min/km

Rank in course/Total: 123 (of 492)

Rank in course/Women: 6 (of 77)

Best time in course: 2:05:45

Rank in category: 2(of 10)

Best time in the category: 2:24:48

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Loddenke	3.30	17:58	5:26	2	1:30	6	3:05	3.30	17:58	5:26	2	1:30	54	
Schlüsie	3.10	20:38	6:39	2	1:35	10	3:41	6.40	38:36	6:01	2	3:05	54	
Hermannsklippe	2.60	18:23	7:04	2	1:22	8	3:14	9.00	56:59	6:19	2	4:27	54	
Brocken	3.10	28:33	9:12	2	0:39	8	4:19	12.10	1:25:32	7:04	2	5:06	54	
Eiserner Handwe	3.60	15:38	4:20	1	-	2	0:53	15.70	1:41:10	6:26	2	2:50	54	
Schlüsie	4.10	15:33	3:47	1	-	3	1:14	19.80	1:56:43	5:53	2	0:46	54	
Loddenke	3.10	14:02	4:31	2	0:06	8	1:49	22.90	2:10:45	5:42	2	0:52	54	
Ilseburg/Markt	3.30	16:17	4:56	3	1:22	16	3:02	26.20	2:27:02	5:36	2	2:14	6	21:17