



44. Brockenlauf  
Ilseburg / 06.09.2014

Detailed evaluation

Ehrenberg, Jörg

Club: SV Kyffhäuser  
Number: 1065

Course: 26.20 km  
26,2 km - Lauf

Category:  
Senioren M50 (50-54 Jahre)

Total time: 2:27:17

Speed: 10.59 km/h  
Running performance: 5:37 min/km

Rank in course/Total: 126 (of 492)

Rank in course/Men: 118 (of 415)

Best time in course: 1:38:33

Rank in category: 15(of 62)

Best time in the category: 2:03:47

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	18:56	5:44	27	3:46	189	7:04	3.30	18:56	5:44	45		119	
Schlüsie	3.10	19:46	6:22	20	3:24	157	6:48	6.40	38:42	6:02	45		118	13:52
Hermannsklippe	2.60	17:42	6:48	19	3:21	138	6:11	9.00	56:24	6:15	45		118	20:03
Brocken	3.10	28:49	9:17	17	4:39	147	10:59	12.10	1:25:13	7:02	45		118	31:02
Eiserner Handwe	3.60	17:22	4:49	12	2:32	111	5:20	15.70	1:42:35	6:32	45		118	36:22
Schlüsie	4.10	16:39	4:03	13	2:36	104	5:09	19.80	1:59:14	6:01	45		118	41:31
Loddenke	3.10	13:20	4:18	10	1:31	80	3:30	22.90	2:12:34	5:47	45		118	45:01
Ilseburg/Markt	3.30	14:43	4:27	12	2:03	75	6:11	26.20	2:27:17	5:37	15	23:30	120	48:44