



44. Brockenlauf
Ilseburg / 06.09.2014

Detailed evaluation

Boulin, Michael

Club: Berlin
Number: 438

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M45 (45-49 Jahre)

Total time: 2:27:26

Speed: 10.58 km/h
Running performance: 5:38 min/km

Rank in course/Total: 127 (of 492)

Rank in course/Men: 117 (of 415)

Best time in course: 1:38:33

Rank in category: 29(of 98)

Best time in the category: 1:58:21

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	16:56	5:07	21	2:42	80	5:04	3.30	16:56	5:07	94		120	
Schlüsie	3.10	19:33	6:18	33	3:54	142	6:35	6.40	36:29	5:42	93		119	11:39
Hermannsklippe	2.60	17:34	6:45	30	3:43	130	6:03	9.00	54:03	6:00	93		119	17:42
Brocken	3.10	29:02	9:21	34	7:42	149	11:12	12.10	1:23:05	6:51	93		119	28:54
Eiserner Handwe	3.60	16:44	4:38	22	2:44	78	4:42	15.70	1:39:49	6:21	93		119	33:36
Schlüsie	4.10	17:37	4:17	37	4:15	157	6:07	19.80	1:57:26	5:55	93		119	39:43
Loddenke	3.10	14:17	4:36	36	3:02	145	4:27	22.90	2:11:43	5:45	92		114	44:10
Ilseburg/Markt	3.30	15:43	4:45	37	3:31	147	7:11	26.20	2:27:26	5:37	31	29:05	121	48:53